



13 de maio de 2017

**Comunicado de Resultados 1780059**



**400 M Barreiras-0.76**

**(Fem)**

**Final 1**

1 <sup>a</sup>	138 <b>Andreia Crespo</b>	SPORTING C P	1993-10-16	Sen	1 0 0,17	1017,0	
2 <sup>a</sup>	113 <b>Bruna Silva</b>	JUV VIDIGALENSE	1994-11-14	Sen	1 0 2,75	943,0	
3 <sup>a</sup>	14 <b>Juliana Guerreiro</b>	CASA BENFICA FARO	2001-04-21	Juv	1 0 2,76	942,0	
4 <sup>a</sup>	179 <b>Gisela Cruz</b>	S L BENFICA	1999-08-17	Jun	1 0 8,21	796,0	
5 <sup>a</sup>	104 <b>Inês Piló</b>	GRUPO DESP DIANA	1992-10-17	Sen	1 1 2,65	685,0	
6 <sup>a</sup>	226 <b>Gabriela Cardoso</b>	C ORIENTAL PECHÃO	1998-09-25	Jun	1 1 5,92	609,0	
7 <sup>a</sup>	82 <b>Ana Pateira</b>	C ORIENTAL PECHÃO	1999-12-05	Jun	1 1 7,39	577,0	
	223 <b>Elisabete Silva</b>	UNIÃO CLUBE EIRENSE	1998-12-10	Jun			DST



**400 M Barreiras-0.91**

**(Masc)**

**Serie 1**

1 <sup>o</sup>	23 <b>José Mestre</b>	CASA BENFICA FARO	1999-09-18	Jun	5 9,24	726,0	
2 <sup>o</sup>	18 <b>Bruno Marques</b>	CASA BENFICA FARO	1992-04-30	Sen	1 0 3,26	579,0	
3 <sup>o</sup>	92 <b>Vasco Cruz</b>	C ORIENTAL PECHÃO	2000-06-22	Juv	1 0 3,42	574,0	
4 <sup>o</sup>	91 <b>Pedro Serrão</b>	C ORIENTAL PECHÃO	1999-01-20	Jun	1 0 4,41	540,0	

**Serie 2**

1 <sup>o</sup>	181 <b>Lucirio F Garrido</b>	S L BENFICA	VEN 1988-10-04	Sen	5 1,74	1043,0	
2 <sup>o</sup>	193 <b>Diogo Mestre</b>	S L BENFICA	1995-05-20	S23	5 2,52	1007,0	
3 <sup>o</sup>	103 <b>Edgar Remédios</b>	G ATLETISMO FÁTIMA	1994-05-05	Sen	5 3,29	973,0	
4 <sup>o</sup>	194 <b>André Sá</b>	S L BENFICA	1995-06-01	S23	5 4,88	903,0	
5 <sup>o</sup>	56 <b>André Lima</b>	C ATLETISMO DE SEIA	1991-04-19	Sen	5 6,08	852,0	
6 <sup>o</sup>	20 <b>Adam Ferreira</b>	CASA BENFICA FARO	1996-05-10	S23	5 6,67	828,0	
7 <sup>o</sup>	55 <b>João Vale</b>	C A MAZAREFES	1998-04-14	Jun	1 0 3,51	571,0	



**100 Metros planos**

**(Fem)**

**Serie 1**

1 <sup>a</sup>	133 <b>Lorene Bazolo</b>	SPORTING C P	1983-05-04	Sen	1 1,53	1097,0	Q
2 <sup>a</sup>	134 <b>Carla Gama</b>	SPORTING C P	1990-11-24	Sen	1 2,54	920,0	Q
3 <sup>a</sup>	115 <b>Ana Moreira</b>	JUV VIDIGALENSE	1998-06-27	Jun	1 3,00	844,0	q
4 <sup>a</sup>	53 <b>Fátima Coutinho</b>	C A MAZAREFES	1999-04-01	Jun	1 3,20	812,0	q

Vento: Fav: + 0,1

**Serie 2**

1 <sup>a</sup>	168 <b>Adriana Alves</b>	S L BENFICA	ANG 1995-09-13	S23	1 2,01	1011,0	Q
2 <sup>a</sup>	141 <b>Olímpia Barbosa</b>	SPORTING C P	1995-02-28	S23	1 2,16	985,0	Q
3 <sup>a</sup>	145 <b>Rita Pais De Faria</b>	SPORTING C P	1998-05-16	Jun	1 2,66	900,0	q
4 <sup>a</sup>	85 <b>Inês Farias</b>	C ORIENTAL PECHÃO	2001-09-05	Juv	1 3,49	767,0	q
5 <sup>a</sup>	29 <b>Zeila Sousa</b>	A ACAD BELA VISTA	1999-09-27	Jun	1 3,66	741,0	
6 <sup>a</sup>	84 <b>Denise Semedo</b>	C ORIENTAL PECHÃO	2001-06-07	Juv	1 3,68	738,0	

Vento: Fav: + 1,0



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## Salto Com Vara

(Fem)

## Final 1

1 <sup>a</sup>	164 Cátia Pereira	S L BENFICA	1989-07-05	Sen	4,15	990,0	
2 <sup>a</sup>	114 Andreia Grácio	JUV VIDIGALENSE	1996-09-17	S23	3,60	821,0	
3 <sup>a</sup>	172 Marta Antunes	S L BENFICA	1998-10-04	Jun	2,80	580,0	
	135 Marta Onofre	SPORTING C P	1991-01-28	Sen			SM

Classif / Dorsal / Atleta SERIES 2,80 3,00 3,20 3,40 3,60 3,80 4,00 4,15 4,25

1	164 Cátia Pereira	---	---	---	---	---	---	---	xo	xxx
2	114 Andreia Grácio	---	---	xxo	o	o	xxx			
3	172 Marta Antunes	xxo								
	135 Marta Onofre	---	---	---	---	---	---	xxx		



## 100 Metros planos

(Masc)

## Serie 1

Vento: Desf: - 0,2

1 <sup>o</sup>	147 Holder Silva	SPORTING C P	GBS 1988	Sen	1 0,83	937,0	Q
2 <sup>o</sup>	146 Francis Obikwelu	SPORTING C P	1978-11-22	V35	1 0,84	934,0	q
3 <sup>o</sup>	211 Delvis Santos	S L BENFICA	ANG 1999-06-27	Jun	1 0,97	895,0	q
4 <sup>o</sup>	192 João Djibo	S L BENFICA	GBS 1994-08-10	Sen	1 1,20	828,0	
5 <sup>o</sup>	69 João Guerreiro	C D AREIAS S. JOÃO	1998-03-01	Jun	1 1,47	753,0	
6 <sup>o</sup>	154 Sérgio Chiu	SPORTING C P	1995-05-11	S23	1 1,48	750,0	
7 <sup>o</sup>	155 Miguel Tapadas	SPORTING C P	1998-04-23	Jun	1 1,60	718,0	
8 <sup>o</sup>	54 João Maciel	C A MAZAREFES	1995-05-17	S23	1 1,68	697,0	

## Serie 2

Vento: Desf: - 1,2

1 <sup>o</sup>	186 André Costa	S L BENFICA	1992-05-09	Sen	1 0,81	943,0	Q
2 <sup>o</sup>	161 Dorian Keletela	SPORTING C P	CGO 1999	Jun	1 0,99	889,0	q
3 <sup>o</sup>	118 Wilson Martins	JUV VIDIGALENSE	CPV 1988-03-01	Sen	1 1,05	871,0	q-TM 11,046
4 <sup>o</sup>	131 Válder Pinto	S CLUBE DE BRAGA	1993-01-19	Sen	1 1,17	837,0	
5 <sup>o</sup>	89 Joaquim Cabral	C ORIENTAL PECHÃO	1988-04-17	Sen	1 1,69	694,0	
6 <sup>o</sup>	108 Julien Allwood	Herne Hill Harriers	GBR 1992-11-19	Sen	1 1,75	678,0	
7 <sup>o</sup>	72 Miguel Roque	C S S JOÃO MADEIRA	1992-04-19	Sen	1 1,77	673,0	
	151 Gil Manuel	SPORTING C P	1994-09-28	Sen			DSQ 162,7

## Serie 3

Vento: Desf: - 2,1

1 <sup>o</sup>	120 Claudino Tavares	JUV VIDIGALENSE	CPV 1992-03-20	Sen	1 1,00	886,0	Q
2 <sup>o</sup>	152 Ricardo Ribeiro	SPORTING C P	1995-02-21	S23	1 1,05	871,0	q-TM 11,049
3 <sup>o</sup>	19 João Barros	CASA BENFICA FARO	1993-05-25	Sen	1 1,31	797,0	
4 <sup>o</sup>	57 Tiago Gonçalves	C ATLETISMO DE SEIA	1998-12-11	Jun	1 1,32	794,0	
5 <sup>o</sup>	74 Juary Tavares	C S S JOÃO MADEIRA	STP 1994-11-09	Sen	1 1,80	665,0	
6 <sup>o</sup>	37 António Carvalho	A ACAD PINHALNOVENSE	1997-11-25	S23	1 2,07	598,0	
7 <sup>o</sup>	227 Diogo Vairinhos	C ATLETISMO TUNES	2001-07-09	Juv	1 2,20	567,0	
8 <sup>o</sup>	221 Diogo Neves	SPORTING C P	1994-08-08	Sen	1 2,61	474,0	



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## Lançamento Peso-4Kg

(Fem)

## Final 1

1 <sup>a</sup>	177 Valeriya Semenikhina	S L BENFICA	1999-05-19	Jun	11,13	638,0
2 <sup>a</sup>	144 Catarina Fonseca	SPORTING C P	1998-02-16	Jun	11,07	635,0
3 <sup>a</sup>	3 Joana Pascoal	CASA BENFICA FARO	1995-02-18	S23	9,09	516,0
4 <sup>a</sup>	7 Patrícia Rama	CASA BENFICA FARO	1998-12-22	Jun	8,79	498,0
5 <sup>a</sup>	11 Rita Pascoal	CASA BENFICA FARO	2001-09-23	Juv	8,43	476,0
6 <sup>a</sup>	162 Ana Moraes	S L BENFICA	1965-03-22	V50	8,28	467,0
7 <sup>a</sup>	4 Mariana Ferreira	CASA BENFICA FARO	1996-12-11	S23	7,64	429,0
	125 Joana Santos	OLÍMPICO C LAGOS	1997-01-24	S23		

FLT

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 177 Valeriya Semenikhina		11,13	11,13	11,12	10,85	10,08	X
2 144 Catarina Fonseca		X	10,22	X	9,82	11,07	X
3 3 Joana Pascoal		8,93	8,85	8,72	8,47	9,09	9,02
4 7 Patrícia Rama		7,87	8,46	8,24	8,79	X	8,06
5 11 Rita Pascoal		7,85	8,43	7,88	7,19	0,00	0,00
6 162 Ana Moraes		8,28	X	X	0,00	0,00	0,00
7 4 Mariana Ferreira		7,47	7,64	7,51	7,59	0,00	0,00
125 Joana Santos		-	-	-	0,00	0,00	0,00



## 400 Metros Planos

(Fem)

## Final 1

1 <sup>a</sup>	310 Bruna Xavier	A ACAD BELA VISTA	2008-08-12	Ben-A	1 1 9,29	381,0
2 <sup>a</sup>	308 Diana André	A ACAD BELA VISTA	2008-03-22	Ben-A	1 2 1,31	341,0
3 <sup>a</sup>	442 Catarina Santos	N SPORTINGUISTA FARO	2008-04-06	Ben-A	1 2 2,02	327,0
4 <sup>a</sup>	309 Lara Roque	A ACAD BELA VISTA	2008-08-15	Ben-A	1 2 4,42	284,0
5 <sup>a</sup>	445 Gabriela Graure	N SPORTINGUISTA FARO	2008-09-08	Ben-A	1 2 4,84	277,0
6 <sup>a</sup>	331 Laura Bacalhau	C ATLETISMO TUNES	2008-03-27	Ben-A	1 2 7,13	239,0
7 <sup>a</sup>	441 Leonor Melo	N SPORTINGUISTA FARO	2008-10-02	Ben-A	1 3 5,80	120,0
8 <sup>a</sup>	330 Matilde Ataíde	C ATLETISMO TUNES	2008-12-18	Ben-A	1 4 1,06	68,0
9 <sup>a</sup>	440 Ana Borysenkova	N SPORTINGUISTA FARO	2008-11-04	Ben-A	1 4 2,70	54,0
10 <sup>a</sup>	391 Maria Carlota Ramos	C DESP QUARTEIRA	2009-10-24	Ben-A	1 4 3,60	48,0
11 <sup>a</sup>	439 Maria Inácio	N SPORTINGUISTA FARO	2008-07-17	Ben-A	1 4 4,96	38,0
12 <sup>a</sup>	333 Eva Murteira	C ATLETISMO TUNES	2009-03-15	Ben-A	1 4 7,23	25,0
13 <sup>a</sup>	444 Matilde Gaspar	N SPORTINGUISTA FARO	2008-03-09	Ben-A	1 4 9,79	13,0
14 <sup>a</sup>	446 Helena Brito	N SPORTINGUISTA FARO	2011-01-10	Ben-A	1 5 4,60	1,0
15 <sup>a</sup>	443 Alice Rato	N SPORTINGUISTA FARO	2008-02-15	Ben-A	1 5 7,56	
16 <sup>a</sup>	334 Mariana Inglês	C ATLETISMO TUNES	2011-04-17	Ben-A	2 0 1,64	5,0
17 <sup>a</sup>	432 Maria Inês Beatriz	Individual - Algarve	2009-11-29	Ben-A	2 0 6,73	25,0



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### 400 Metros Planos

(Fem)

#### Final 2

1 <sup>a</sup>	307 Mariana Lopes	A ACAD BELA VISTA	2007-02-16	Ben-B	1 0 8,53	629,0
2 <sup>a</sup>	437 Lara Martins	N SPORTINGUISTA FARO	2006-10-01	Ben-B	1 1 3,73	501,0
3 <sup>a</sup>	305 Marta Martins	A ACAD BELA VISTA	2006-05-26	Ben-B	1 1 4,48	484,0
4 <sup>a</sup>	318 Filipa Duarte	C D AREIAS S. JOÃO	2007-05-20	Ben-B	1 2 2,59	317,0
5 <sup>a</sup>	387 Violeta Bolotinha	C DESP QUARTEIRA	2006-03-06	Ben-B	1 2 4,45	283,0
6 <sup>a</sup>	388 Ariana Eusébio	C DESP QUARTEIRA	2006-05-16	Ben-B	1 2 5,10	272,0
7 <sup>a</sup>	409 Íris Cruz	C ORIENTAL PECHÃO	2006-05-04	Ben-B	1 2 5,39	267,0
8 <sup>a</sup>	410 Beatriz Palma	C ORIENTAL PECHÃO	2007-05-25	Ben-B	1 2 7,40	234,0
9 <sup>a</sup>	329 Carolina Sucio	C ATLETISMO TUNES	2007-12-15	Ben-B	1 3 2,31	163,0
10 <sup>a</sup>	389 Inês Dantas	C DESP QUARTEIRA	2007-10-04	Ben-B	1 3 3,24	151,0
11 <sup>a</sup>	438 Filipa Juliano	N SPORTINGUISTA FARO	2007-10-23	Ben-B	1 5 4,16	2,0



### 400 Metros Planos

(Masc)

#### Final 1

1 <sup>o</sup>	461 Afonso Guerreiro	N SPORTINGUISTA FARO	2009-01-04	Ben-A	1 2 4,97	14,0
2 <sup>o</sup>	360 Mateus Henriques	C ATLETISMO TUNES	2010-05-12	Ben-A	1 3 0,41	80,0
3 <sup>o</sup>	356 Simão Inglês	C ATLETISMO TUNES	2008-11-16	Ben-A	1 3 2,78	126,0
4 <sup>o</sup>	488 Mateus Teixeira	C ORIENTAL PECHÃO	2010-10-31	Ben-A	1 3 9,44	309,0
5 <sup>o</sup>	357 Dinis Santos	C ATLETISMO TUNES	2009-07-29	Ben-A	1 4 3,31	452,0
6 <sup>o</sup>	358 Micael Guerreiro	C ATLETISMO TUNES	2009-06-23	Ben-A	1 4 3,43	457,0
7 <sup>o</sup>	355 Maxim Todyrnychuk	C ATLETISMO TUNES	UKR 2008-06-29	Ben-A	1 4 4,42	498,0
8 <sup>o</sup>	362 Rodrigo Eugénio	C ATLETISMO TUNES	2011-01-24	Ben-A	1 5 9,41	1341,0



### 400 Metros Planos

(Masc)

#### Final 1

1 <sup>o</sup>	418 Rodrigo Estrela	C ORIENTAL PECHÃO	2006-10-04	Ben-B	1 1 1,99	73,0
2 <sup>o</sup>	313 Afonso Batista	A ACAD BELA VISTA	2006-06-29	Ben-B	1 1 3,46	51,0
3 <sup>o</sup>	398 João Bernardo	C DESP QUARTEIRA	2006-02-01	Ben-B	1 1 5,90	23,0
4 <sup>o</sup>	349 Diogo Germano	C ATLETISMO TUNES	2006-10-29	Ben-B	1 1 9,00	3,0
5 <sup>o</sup>	456 Tomás Jesuíno	N SPORTINGUISTA FARO	2006-04-25	Ben-B	1 1 9,84	1,0
6 <sup>o</sup>	459 Martim Martins	N SPORTINGUISTA FARO	2007-04-04	Ben-B	1 2 2,70	2,0
7 <sup>o</sup>	422 Samir Tahiri	C ORIENTAL PECHÃO	2007-11-08	Ben-B	1 2 4,33	10,0
8 <sup>o</sup>	454 André Cardeira	N SPORTINGUISTA FARO	2006-03-15	Ben-B	1 2 4,72	12,0
9 <sup>o</sup>	457 Gustavo Xabregas	N SPORTINGUISTA FARO	2006-10-18	Ben-B	1 2 5,08	15,0
10 <sup>o</sup>	458 Afonso Poupinha	N SPORTINGUISTA FARO	2007-07-04	Ben-B	1 3 1,67	103,0
11 <sup>o</sup>	353 Lucas Costa	C ATLETISMO TUNES	2007-09-28	Ben-B	1 3 2,58	121,0
12 <sup>o</sup>	460 Afonso Paixão	N SPORTINGUISTA FARO	2007-07-22	Ben-B	1 3 3,39	139,0
13 <sup>o</sup>	350 Denilson Mendonça	C ATLETISMO TUNES	CPV 2006-06-20	Ben-B	1 3 6,10	207,0
14 <sup>o</sup>	352 Rui Pacheco	C ATLETISMO TUNES	2007-04-12	Ben-B	1 3 6,17	209,0



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## Lançamento Peso-7.26

(Masc)

## Final 1

1 <sup>o</sup>	187 Tsanko Arnaudov	S L BENFICA	1992-03-14	Sen	19,41	1086,0	
2 <sup>o</sup>	105 Daniel Santiago	GIRA SOL	1996-01-03	S23	14,26	780,0	
3 <sup>o</sup>	52 Remi Lima	C A MAZAREFES	1990	Sen	13,34	725,0	
4 <sup>o</sup>	214 Rúben Fernandes	SPORT LAGOS BENFICA	1989-12-08	Sen	10,27	544,0	
5 <sup>o</sup>	126 Mário Rodrigues	OLÍMPICO C LAGOS	1973-07-17	V40	9,91	523,0	
6 <sup>o</sup>	24 João Guerreiro	CASA BENFICA FARO	1999-06-23	Jun	9,80	516,0	
7 <sup>o</sup>	17 André Silva	CASA BENFICA FARO	1991-01-27	Sen	9,42	494,0	
	77 Carlos Lopes	C DESP QUARTEIRA	1980-09-26	V35		56,0	SM

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
187 Tsanko Arnaudov		18,97	19,41	19,41	19,15	X	X
2 105 Daniel Santiago		13,83	13,48	13,79	X	14,26	X
3 52 Remi Lima		13,34	13,24	X	13,33	X	X
4 214 Rúben Fernandes		9,44	9,73	9,68	9,94	10,27	X
5 126 Mário Rodrigues		X	9,91	X	9,88	0,00	0,00
6 24 João Guerreiro		9,35	9,35	9,36	9,80	0,00	0,00
7 17 André Silva		9,42	8,77	8,89	8,83	0,00	0,00



## 600 Metros

(Fem)

## Final 1

1 <sup>a</sup>	385 Oriana Sousa	C DESP QUARTEIRA	2005-02-05	Inf	1 5 1,31	629,0
2 <sup>a</sup>	384 Genilza Trindade	C DESP QUARTEIRA	2005-01-02	Inf	1 5 7,96	519,0
3 <sup>a</sup>	407 Jéssica Cordeiro	C ORIENTAL PECHÃO	2005-11-03	Inf	2 0 2,86	445,0
4 <sup>a</sup>	325 Carolina Ataíde	C ATLETISMO TUNES	2004-06-10	Inf	2 0 4,00	429,0
5 <sup>a</sup>	301 Mafalda Oliveira	A ACAD BELA VISTA	2005-12-21	Inf	2 0 4,60	420,0
6 <sup>a</sup>	427 Marta Custódio	C REC ALTURENSE	2004-12-04	Inf	2 0 5,09	413,0
7 <sup>a</sup>	467 Ariana Almeida	SÃO FRANCISCO A D	2005-11-21	Inf	2 0 6,98	387,0
8 <sup>a</sup>	428 Matilde Padrão	C REC ALTURENSE	2005-08-31	Inf	2 1 0,27	344,0
9 <sup>a</sup>	406 Mariana Mestre	C ORIENTAL PECHÃO	2004-07-16	Inf	2 1 0,60	339,0
10 <sup>a</sup>	383 Alexandra Durão	C DESP QUARTEIRA	2005-01-27	Inf	2 1 1,38	330,0
11 <sup>a</sup>	382 Joana Morais	C DESP QUARTEIRA	2005-01-26	Inf	2 1 1,94	323,0
12 <sup>a</sup>	408 Ana Raquel Salero	C ORIENTAL PECHÃO	2005-11-21	Inf	2 1 5,69	278,0
13 <sup>a</sup>	429 Catarina Rodrigues	C REC ALTURENSE	2005-11-26	Inf	2 2 2,90	201,0
14 <sup>a</sup>	324 Miriam Canda	C ATLETISMO TUNES	2004-10-25	Inf	2 2 6,90	164,0
15 <sup>a</sup>	364 Maria Inês Afonso	CASA BENFICA FARO	2004-05-24	Inf	2 3 4,56	103,0



## 600 Metros

(Fem)





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**600 Metros**

**(Fem)**

**Final 1**

1 <sup>a</sup>	400 Ana Catarina Mestre	C ORIENTAL PECHÃO	2002-05-27	Ini	1 5 0,70	640,0
2 <sup>a</sup>	405 Alice Brito	C ORIENTAL PECHÃO	2003-09-21	Ini	1 5 4,44	576,0
3 <sup>a</sup>	464 Lara Martins	SÃO FRANCISCO A D	2003-09-14	Ini	1 5 5,01	567,0
4 <sup>a</sup>	436 Carolina Palminha	N SPORTINGUISTA FARO	2003-08-03	Ini	1 5 5,71	555,0
5 <sup>a</sup>	380 Jéssica Silva	C DESP QUARTEIRA	2002-03-26	Ini	1 5 9,81	491,0
6 <sup>a</sup>	463 Mafalda Marques	SÃO FRANCISCO A D	2003-05-15	Ini	1 5 9,81	491,0
7 <sup>a</sup>	381 Sofia Barros	C DESP QUARTEIRA	2003-02-08	Ini	2 0 3,68	433,0
8 <sup>a</sup>	314 Leonor Caetano	ROYAL AXN LAGOS	2003-12-04	Ini	2 1 0,28	343,0
9 <sup>a</sup>	426 Joana Fernandes	C REC ALTURENSE	2003-10-25	Ini	2 1 1,12	333,0
10 <sup>a</sup>	323 Daniela Gonçalves	C ATLETISMO TUNES	2003-10-22	Ini	2 1 1,59	327,0
11 <sup>a</sup>	425 Beatriz Silva	C REC ALTURENSE	2003-08-15	Ini	2 1 6,82	265,0
12 <sup>a</sup>	321 Diana Todyrynychuk	C ATLETISMO TUNES	UKR 2003-11-03	Ini	2 1 8,53	246,0
13 <sup>a</sup>	43 Shalana West	CASA BENFICA FARO	NED 1998-11-07	Jun	2 2 3,34	197,0
14 <sup>a</sup>	435 Diana Jesuíno	N SPORTINGUISTA FARO	2003-04-21	Ini	2 2 6,49	167,0
15 <sup>a</sup>	434 Sofia Nunes	N SPORTINGUISTA FARO	2002-06-10	Ini	2 3 1,79	123,0
16 <sup>a</sup>	322 Marisa Silva	C ATLETISMO TUNES	2003-09-13	Ini	2 3 2,25	120,0
17 <sup>a</sup>	320 Érica Gonçalves	C ATLETISMO TUNES	2002-03-08	Ini	2 5 1,41	18,0



**600 Metros**

**(Masc)**

**Final 1**

1 <sup>o</sup>	415 Ricardo Tomé	C ORIENTAL PECHÃO	2004-08-08	Inf	1 4 5,11	245,0
2 <sup>o</sup>	345 João Santos	C ATLETISMO TUNES	2004-06-25	Inf	1 4 9,22	174,0
3 <sup>o</sup>	343 Bernardo Freitas	C ATLETISMO TUNES	2004-06-30	Inf	1 5 3,00	118,0
4 <sup>o</sup>	431 Tomás Fernandes	C REC ALTURENSE	2005-02-21	Inf	1 5 4,98	94,0
5 <sup>o</sup>	477 Bernardo Neto	SÃO FRANCISCO A D	2004-04-14	Inf	1 5 9,26	50,0
6 <sup>o</sup>	416 Salim Tahiri	C ORIENTAL PECHÃO	2004-12-14	Inf	2 0 1,48	33,0
7 <sup>o</sup>	482 Nuno Palma	SÃO FRANCISCO A D	2005-09-24	Inf	2 0 1,75	31,0
8 <sup>o</sup>	317 Afonso Marreiros	ROYAL AXN LAGOS	2004-12-03	Inf	2 0 6,32	8,0
9 <sup>o</sup>	344 Gabriel Neves	C ATLETISMO TUNES	2004-09-21	Inf	2 0 8,52	2,0
10 <sup>o</sup>	452 Filipe Jesuíno	N SPORTINGUISTA FARO	2004-06-09	Inf	2 1 0,75	
11 <sup>o</sup>	453 Pedro Santos	N SPORTINGUISTA FARO	2005-04-07	Inf	2 1 1,43	
12 <sup>o</sup>	346 Yannik Schneider	C ATLETISMO TUNES	AUT 2005-02-04	Inf	2 1 2,65	
13 <sup>o</sup>	450 Filipe Cavaco	N SPORTINGUISTA FARO	2004-07-07	Inf	2 1 3,65	2,0
14 <sup>o</sup>	480 Eduardo Anacleto	SÃO FRANCISCO A D	2005-12-04	Inf	2 1 5,28	6,0
15 <sup>o</sup>	449 Daniel Borysenkov	N SPORTINGUISTA FARO	2004-07-02	Inf	2 1 5,96	9,0
16 <sup>o</sup>	342 Marco Ferreira	C ATLETISMO TUNES	2004-06-17	Inf	2 3 0,46	138,0
17 <sup>o</sup>	347 Micael Rodrigues	C ATLETISMO TUNES	2004-03-17	Inf	2 4 4,96	423,0
18 <sup>o</sup>	348 Duarte Santos	C ATLETISMO TUNES	2005-09-05	Inf	3 1 8,12	1653,0



**600 Metros**

**(Masc)**



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**600 Metros**

**(Masc)**

**Final 1**

1 <sup>o</sup>	312 Robin Vieira	A ACAD BELA VISTA	2003-03-17	Ini	1 3 0,53	601,0	
2 <sup>o</sup>	487 Diogo Martins	CASA BENFICA FARO	2002-04-09	Ini	1 3 1,30	578,0	
3 <sup>o</sup>	311 Guilherme Pacheco	A ACAD BELA VISTA	2003-04-13	Ini	1 3 4,60	486,0	
4 <sup>o</sup>	337 Guilherme Baião	C ATLETISMO TUNES	2002-08-16	Ini	1 3 9,34	367,0	
5 <sup>o</sup>	411 Diogo Martins	C ORIENTAL PECHÃO	2002-04-19	Ini	1 4 0,75	335,0	
6 <sup>o</sup>	413 Pedro Dias	C ORIENTAL PECHÃO	2003-02-21	Ini	1 4 1,00	330,0	
7 <sup>o</sup>	316 Gabriel Ludwick	ROYAL AXN LAGOS	2002-06-11	Ini	1 4 1,54	318,0	
8 <sup>o</sup>	412 Diogo Batista	C ORIENTAL PECHÃO	2002-08-02	Ini	1 4 3,52	277,0	
9 <sup>o</sup>	396 Xavier Bolotinha	C DESP QUARTEIRA	2003-11-25	Ini	1 4 8,08	192,0	
10 <sup>o</sup>	476 Miguel Veiga	SÃO FRANCISCO A D	2003-05-08	Ini	1 4 9,70	166,0	
11 <sup>o</sup>	414 Bruno Pinheiro	C ORIENTAL PECHÃO	2003-12-14	Ini	1 5 0,90	148,0	
12 <sup>o</sup>	448 Marco Cardeira	N SPORTINGUISTA FARO	2002-01-25	Ini	1 5 1,51	139,0	
13 <sup>o</sup>	373 Tomás Glória	CASA BENFICA FARO	2002-10-16	Ini	1 5 2,47	126,0	
14 <sup>o</sup>	339 José Baião	C ATLETISMO TUNES	2002-12-31	Ini	1 5 3,23	115,0	
15 <sup>o</sup>	395 Igor Varela	C DESP QUARTEIRA	2003-07-01	Ini	1 5 4,12	104,0	
16 <sup>o</sup>	340 Tiago Ramos	C ATLETISMO TUNES	2003-06-05	Ini	1 5 7,07	71,0	
17 <sup>o</sup>	341 Guilherme Alves	C ATLETISMO TUNES	2003-10-06	Ini	1 5 8,70	55,0	
18 <sup>o</sup>	336 Cássio Pereira	C ATLETISMO TUNES	2002-08-07	Ini	2 4 6,60	465,0	



**400 Metros Planos**

**(Fem)**

**Final 1**

1 <sup>a</sup>	136 Filipa Martins	SPORTING C P	1992-11-13	Sen	5 5,54	1012,0	
2 <sup>a</sup>	173 Carina Vanessa	S L BENFICA	1998-06-01	Jun	5 6,55	979,0	
3 <sup>a</sup>	83 Fatoumata Diallo	C ORIENTAL PECHÃO	2000-04-06	Juv	5 6,68	975,0	RR Juv
4 <sup>a</sup>	85 Inês Farias	C ORIENTAL PECHÃO	2001-09-05	Juv	1 0 1,91	813,0	
5 <sup>a</sup>	29 Zeila Sousa	A ACAD BELA VISTA	1999-09-27	Jun	1 0 6,99	670,0	



**400 Metros Planos**

**(Masc)**

**Serie 1**

1 <sup>o</sup>	201 João Esteves	S L BENFICA	1998-09-18	Jun	4 9,98	874,0	
2 <sup>o</sup>	26 Bruce Da Silveira	CASA BENFICA FARO	ITA 2000-10-29	Juv	5 0,02	872,0	
3 <sup>o</sup>	159 António Moura	SPORTING C P	1999-04-15	Jun	5 0,61	839,0	
4 <sup>o</sup>	219 Tiago Cardoso	C ATLETISMO TUNES	CPV 2000-06-23	Juv	5 4,31	647,0	
	37 António Carvalho	A ACAD PINHALNOVENSE	1997-11-25	S23			FLT
	120 Claudino Tavares	JUV VIDIGALENSE	CPV 1992-03-20	Sen			FLT
	89 Joaquim Cabral	C ORIENTAL PECHÃO	1988-04-17	Sen			DST



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**400 Metros Planos**

**(Masc)**

**Serie 2**

1.º	48 <b>Bernardo Pereira</b>	A C D JARDIM SERRA	1997-01-26	<b>S23</b>	<b>4 8,59</b>	954,0
2.º	188 <b>André Marques</b>	S L BENFICA	1992-11-20	<b>Sen</b>	<b>4 8,61</b>	953,0
3.º	152 <b>Ricardo Ribeiro</b>	SPORTING C P	1995-02-21	<b>S23</b>	<b>4 8,97</b>	932,0
4.º	181 <b>Lucirio F Garrido</b>	S L BENFICA VEN	1988-10-04	<b>Sen</b>	<b>4 9,03</b>	929,0
5.º	34 <b>Jorge Colaço</b>	A A CHARN CAPARICA	1994-04-05	<b>Sen</b>	<b>4 9,34</b>	911,0
6.º	149 <b>Sandy Martins</b>	SPORTING C P	1993-08-08	<b>Sen</b>	<b>4 9,75</b>	887,0
7.º	150 <b>Tiago Horta</b>	SPORTING C P	1994-06-10	<b>Sen</b>	<b>4 9,81</b>	884,0
8.º	228 <b>Marcos Afonso</b>	S L BENFICA	1996-12-29	<b>S23</b>	<b>5 0,68</b>	835,0



**Salto em Comprimento**

**(Masc)**





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## Salto em Comprimento

(Masc)

## Final 1

1º	130 Ricardo Jaquité	S CLUBE DE BRAGA	1989	Sen	7,26	971,0	- 0,4
2º	75 Ivo Tavares	C S S JOÃO MADEIRA	1996-01-31	S23	7,21	960,0	- 0,8
3º	50 Jonathan Llori	Blackheat & Bromley H.A.C	GBR 1993	Sen	6,85	885,0	- 0,3
4º	204 Pedro Pinheiro	S L BENFICA	1998-03-29	Jun	6,79	873,0	- 1,6
5º	100 Hemilton Costa	ESCOLA DO MOVIMENTO	1991-06-29	Sen	6,73	861,0	+ 0,1
6º	195 Danilo Almeida	S L BENFICA	1996-12-09	S23	6,64	842,0	+ 0,5
7º	191 Abdel Kader	S L BENFICA	1994	Sen	6,63	840,0	- 0,5
8º	210 Yuben Munary	S L BENFICA	CPV 1999-09-25	Jun	6,63	840,0	- 0,3
9º	121 Miguel Paim Marques	JUV VIDIGALENSE	1995-05-23	S23	6,50	813,0	- 3,5
10º	131 Válder Pinto	S CLUBE DE BRAGA	1993-01-19	Sen	6,47	807,0	- 1,4
11º	74 Juary Tavares	C S S JOÃO MADEIRA	STP 1994-11-09	Sen	6,42	797,0	+ 0,6
12º	158 Henrique Durão	SPORTING C P	1999-06-05	Jun	6,12	735,0	- 3,1
13º	47 Vítor Viveiros	A C D JARDIM SERRA	1984-03-18	Sen	6,11	733,0	+ 1,5
	101 André Silva	ESCOLA DO MOVIMENTO	1994-07-18	Sen		448,0	0,0 FLT
	25 Daniel Candé	CASA BENFICA FARO	2000-10-26	Juv		448,0	0,0 SM

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 130 Ricardo Jaquité		6,98	7,25	7,22	X	7,26	X
		+3,1	-0,5	-1,9		-0,4	
2 75 Ivo Tavares		6,20	7,09	7,10	6,83	7,15	7,21
		+1,5	0,0	-1,7	-2,3	-1,0	-0,8
3 50 Jonathan Llori		X	6,76	6,85	X	X	X
			-0,6	-0,3			
4 204 Pedro Pinheiro		6,79	6,70	X	X	X	X
		-1,6	-1,4				
5 100 Hemilton Costa		X	6,68	6,73	6,59	6,31	X
			-0,8	+0,1	-0,4	+0,8	
6 195 Danilo Almeida		6,64	6,33	X	X	0,00	0,00
		+0,5	+1,2			0,0	0,0
7 191 Abdel Kader		6,51	6,63	6,55	6,60	0,00	0,00
		-0,7	-0,5	-1,4	-0,9	0,0	0,0
8 210 Yuben Munary		6,63	X	6,52	X	0,00	0,00
		-0,3		-0,9		0,0	0,0
9 121 Miguel Paim Marques		X	X	6,50	X	0,00	0,00
				-3,5		0,0	0,0
10 74 Juary Tavares		6,18	5,06	6,42	X	0,00	0,00
		+0,2	-1,7	+0,6		0,0	0,0
11 131 Válder Pinto		X	X	X	6,47	0,00	0,00
					-1,4	0,0	0,0
12 158 Henrique Durão		6,12	X	6,02	5,86	0,00	0,00
		-3,1		+0,7	-2,1	0,0	0,0
13 47 Vítor Viveiros		X	X	6,07	6,11	0,00	0,00
				-0,8	+1,5	0,0	0,0
101 André Silva		0,00	0,00	0,00	0,00	0,00	0,00
		0,0	0,0	0,0	0,0	0,0	0,0



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### Salto em Comprimento

(Masc)



### 100 Metros planos

(Fem)

#### Final A

Vento: Fav: + 1,0

1 <sup>a</sup>	133 Lorene Bazolo	SPORTING C P	1983-05-04	Sen	1 1,65	1075,0	
2 <sup>a</sup>	141 Olímpia Barbosa	SPORTING C P	1995-02-28	S23	1 1,93	1025,0	
3 <sup>a</sup>	168 Adriana Alves	S L BENFICA	ANG 1995-09-13	S23	1 2,09	997,0	
4 <sup>a</sup>	134 Carla Gama	SPORTING C P	1990-11-24	Sen	1 2,30	960,0	
5 <sup>a</sup>	145 Rita Pais De Faria	SPORTING C P	1998-05-16	Jun	1 2,62	906,0	
6 <sup>a</sup>	53 Fátima Coutinho	C A MAZAREFES	1999-04-01	Jun	1 3,07	833,0	TM 13,062
7 <sup>a</sup>	115 Ana Moreira	JUV VIDIGALENSE	1998-06-27	Jun	1 3,07	833,0	TM 13,068



### 100 Metros planos

(Masc)

#### Final A

Vento: Fav: + 1,2

1 <sup>o</sup>	186 André Costa	S L BENFICA	1992-05-09	Sen	1 0,57	1018,0	
2 <sup>o</sup>	147 Holder Silva	SPORTING C P	GBS 1988	Sen	1 0,70	977,0	
3 <sup>o</sup>	120 Claudino Tavares	JUV VIDIGALENSE	CPV 1992-03-20	Sen	1 0,78	952,0	
4 <sup>o</sup>	211 Delvis Santos	S L BENFICA	ANG 1999-06-27	Jun	1 0,88	922,0	
5 <sup>o</sup>	118 Wilson Martins	JUV VIDIGALENSE	CPV 1988-03-01	Sen	1 0,93	907,0	
6 <sup>o</sup>	161 Dorian Keletela	SPORTING C P	CGO 1999	Jun	1 0,94	904,0	
	146 Francis Obikwelu	SPORTING C P	1978-11-22	V35			DST
	152 Ricardo Ribeiro	SPORTING C P	1995-02-21	S23			FLT



### 800 Metros

(Fem)

#### Final 1

1 <sup>a</sup>	140 Cátia Azevedo	SPORTING C P	1994-03-09	Sen	2 0 6,11	1047,0	
2 <sup>a</sup>	217 Salomé Afonso	SPORTING C P	1997-11-19	S23	2 0 6,99	1032,0	
3 <sup>a</sup>	171 Matilde Rodrigues	S L BENFICA	1998-09-16	Jun	2 2 5,44	746,0	
4 <sup>a</sup>	58 Ana Dias	C D AREIAS S. JOÃO	1974-01-15	V40	2 2 6,98	724,0	
5 <sup>a</sup>	86 Laura Correia Lopes	C ORIENTAL PECHÃO	2001-08-24	Juv	2 3 0,96	669,0	
6 <sup>a</sup>	218 Magali Duarte	A ACAD BELA VISTA	1999-07-13	Jun	2 3 2,10	654,0	
7 <sup>a</sup>	225 Bruna Correia	C D AREIAS S. JOÃO	2001-04-03	Juv	2 3 3,31	638,0	
8 <sup>a</sup>	8 Rita Coelho	CASA BENFICA FARO	2000-09-26	Juv	2 3 3,45	636,0	
9 <sup>a</sup>	13 Joana Nunes	CASA BENFICA FARO	2001-01-27	Juv	2 3 4,05	628,0	
10 <sup>a</sup>	178 Yuliya Kibenko	S L BENFICA	1999-03-08	Jun	2 3 4,14	627,0	
11 <sup>a</sup>	1 Sandra Dias	CASA BENFICA FARO	1980-08-11	V35	2 4 0,58	545,0	
12 <sup>a</sup>	94 Carolina Martins	C REC ALTURENSE	2000-07-22	Juv	2 4 9,09	446,0	
13 <sup>a</sup>	28 Márcia Duarte	A ACAD BELA VISTA	1998-03-19	Jun	2 5 2,26	412,0	



### 800 Metros

(Masc)



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### 800 Metros

(Masc)

#### Final 1

1 <sup>o</sup>	36 Paulino Caroné	A ACAD PINHALNOVENSE	1996-10-11	S23	2 0 0,30	761,0
2 <sup>o</sup>	61 Miguel Silva	C D AREIAS S. JOÃO	1970-01-20	V45	2 0 0,71	752,0
3 <sup>o</sup>	80 Rafael Marçalo	C D R RIBEIRINHO	1999-10-02	Jun	2 0 2,90	701,0
4 <sup>o</sup>	32 Tiago Moreira	A ACAD BELA VISTA	1998-04-20	Jun	2 0 3,38	690,0
5 <sup>o</sup>	206 João Vieira	S L BENFICA	1998-09-05	Jun	2 0 3,62	684,0
6 <sup>o</sup>	35 Rui Maia	A ACAD PINHALNOVENSE	1996-02-25	S23	2 0 3,92	677,0
7 <sup>o</sup>	27 Bernardo Martins	CASA BENFICA FARO	2000-05-12	Juv	2 0 9,57	556,0
8 <sup>o</sup>	33 Pedro Oliveira	A ACAD BELA VISTA	2001-08-28	Juv	2 0 9,94	548,0
9 <sup>o</sup>	220 Artur Baran	C ATLETISMO TUNES	2001-04-12	Juv	2 1 3,46	479,0

#### Final 2

1 <sup>o</sup>	185 Miguel Moreira	S L BENFICA	1991-02-04	Sen	1 5 2,07	971,0
2 <sup>o</sup>	208 Luís Monteiro	S L BENFICA	1998-05-13	Jun	1 5 2,33	964,0
3 <sup>o</sup>	212 Issac Nader	S L BENFICA	1999-08-17	Jun	1 5 3,65	929,0
4 <sup>o</sup>	209 Pedro Oliveira	S L BENFICA	1998-11-30	Jun	1 5 3,77	926,0
5 <sup>o</sup>	202 Duarte Vidais	S L BENFICA	1998-08-17	Jun	1 5 3,91	922,0
6 <sup>o</sup>	197 José Carlos Pinto	S L BENFICA	1997-05-03	S23	1 5 4,30	912,0
7 <sup>o</sup>	44 Jorge Batista	A D R E PALHAÇA	1991-06-06	Sen	1 5 4,41	909,0
8 <sup>o</sup>	93 Etson Barros	C ORIENTAL PECHÃO	2001-03-16	Juv	1 5 6,70	850,0
9 <sup>o</sup>	16 Cristiano Silva	CASA BENFICA FARO	1985-12-10	Sen	1 5 7,57	828,0



### Disco 1 Kg

(Fem)

#### Final 1

1 <sup>a</sup>	125 Joana Santos	OLÍMPICO C LAGOS	1997-01-24	S23	26,17	453,0
2 <sup>a</sup>	4 Mariana Ferreira	CASA BENFICA FARO	1996-12-11	S23	25,70	444,0
3 <sup>a</sup>	162 Ana Morais	S L BENFICA	1965-03-22	V50	22,23	381,0
4 <sup>a</sup>	11 Rita Pascoal	CASA BENFICA FARO	2001-09-23	Juv	20,62	352,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
125 Joana Santos		23,15	23,61	X	26,17	26,17	X
2 4 Mariana Ferreira		25,70	22,94	X	X	22,61	21,18
3 162 Ana Morais		X	X	X	X	X	22,23
4 11 Rita Pascoal		X	17,58	17,71	19,54	19,21	20,62



### Disco 2 KgS

(Masc)



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**Disco 2 KgS**

**(Masc)**

**Final 1**

1 <sup>o</sup>	119 <b>Luís Fernandes</b>	JUV VIDIGALENSE	1988-12-24	<b>Sen</b>	<b>40,50</b>	701,0
2 <sup>o</sup>	52 <b>Remi Lima</b>	C A MAZAREFES	1990	<b>Sen</b>	<b>39,90</b>	690,0
3 <sup>o</sup>	214 <b>Rúben Fernandes</b>	SPORT LAGOS BENFICA	1989-12-08	<b>Sen</b>	<b>31,48</b>	537,0
4 <sup>o</sup>	77 <b>Carlos Lopes</b>	C DESP QUARTEIRA	1980-09-26	<b>V35</b>	<b>29,95</b>	510,0
5 <sup>o</sup>	126 <b>Mário Rodrigues</b>	OLÍMPICO C LAGOS	1973-07-17	<b>V40</b>	<b>28,83</b>	490,0
6 <sup>o</sup>	99 <b>Nelson Gonçalves</b>	CLUBE VELA TAVIRA	1975-07-22	<b>V40</b>	<b>26,29</b>	444,0
7 <sup>o</sup>	122 <b>Eduardo Valério</b>	JUV VIDIGALENSE	1996-02-07	<b>S23</b>	<b>25,91</b>	437,0
8 <sup>o</sup>	78 <b>João Santos</b>	C DESP QUARTEIRA	1987-03-20	<b>Sen</b>	<b>25,39</b>	428,0
9 <sup>o</sup>	24 <b>João Guerreiro</b>	CASA BENFICA FARO	1999-06-23	<b>Jun</b>	<b>24,40</b>	410,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 119 Luís Fernandes		40,50	X	X	37,73	36,32	38,33
2 52 Remi Lima		38,79	33,97	39,90	X	35,40	38,59
3 214 Rúben Fernandes		X	29,54	29,09	29,65	31,42	31,48
4 77 Carlos Lopes		25,09	23,58	29,95	28,99	25,66	28,02
5 126 Mário Rodrigues		24,69	28,83	28,54	X	0,00	0,00
6 99 Nelson Gonçalves		26,29	23,65	23,70	21,25	0,00	0,00
7 122 Eduardo Valério		22,12	X	25,91	X	0,00	0,00
8 78 João Santos		X	23,94	X	25,39	0,00	0,00
9 24 João Guerreiro		22,67	21,68	22,84	24,40	0,00	0,00



**Salto Com Vara**

**(Masc)**



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## Salto Com Vara

(Masc)

## Final 1

1 <sup>o</sup>	183 Diogo Ferreira	S L BENFICA	1990-07-30	Sen	5,50	1115,0													
2 <sup>o</sup>	180 Edi Maia	S L BENFICA	1987-11-10	Sen	5,25	1046,0													
3 <sup>o</sup>	148 Rubem Miranda	SPORTING C P	1993-06-10	Sen	4,80	921,0													
4 <sup>o</sup>	203 Filipe Corceiro	S L BENFICA	1998-05-10	Jun	4,65	880,0													
5 <sup>o</sup>	156 Rui Marques	SPORTING C P	1998-01-16	Jun	4,20	758,0													
6 <sup>o</sup>	17 André Silva	CASA BENFICA FARO	1991-01-27	Sen	4,00	704,0													
7 <sup>o</sup>	18 Bruno Marques	CASA BENFICA FARO	1992-04-30	Sen	3,00	437,0													
	157 Gonçalo Uva	SPORTING C P	1998-04-30	Jun		324,0													SM
	122 Eduardo Valério	JUV VIDIGALENSE	1996-02-07	S23		324,0													SM

Classf / Dorsal / Atleta	SERIES	3,00	3,20	3,40	3,60	3,80	4,00	4,20	4,35	4,50	4,65	4,80	4,95	5,05
183 Diogo Ferreira	5,15	5,25	5,35	5,50	5,65									

183 Diogo Ferreira	---	---	---	---	---	---	---	---	---	---	---	---	---	o
	---	o	xo	xo	xxx									

2 180 Edi Maia	---	---	---	---	---	---	---	---	---	---	---	---	---	o
	---	xo	xxx											

3 148 Rubem Miranda	---	---	---	---	---	---	---	---	---	---	---	xxo	xxx	
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4 203 Filipe Corceiro	---	---	---	---	---	---	o	xo	xxo	o	xxx			
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5 156 Rui Marques	---	---	---	---	---	o	o	xxx						
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6 17 André Silva	---	---	---	o	o	xo	xxx							
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7 18 Bruno Marques	xo	xxx												
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157 Gonçalo Uva	---	---	---	---	---	---	xxx							
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## 5.000 Metros

(Masc)





13 de maio de 2017

**Comunicado de Resultados 1780059**



**5.000 Metros**

**(Masc)**

**Final 1**

1 <sup>o</sup>	153 Miguel Marques	SPORTING C P	1995-01-10	S23	1 4 3 4,42	888,0
2 <sup>o</sup>	66 Jorge Varela	C D AREIAS S. JOÃO	1980-01-02	V35	1 4 5 2,41	832,0
3 <sup>o</sup>	216 Nuno Carraça	UNIÃO R C ABRUNHEIRA	1989-08-17	Sen	1 4 5 3,09	830,0
4 <sup>o</sup>	224 Miguel Mascarenhas	S L BENFICA	1998-07-26	Jun	1 5 1 5,60	763,0
5 <sup>o</sup>	39 Marco Teixeira	A C R SRA DESTERRO	1992-03-19	Sen	1 5 3 4,02	711,0
6 <sup>o</sup>	215 Fábio Reis	SPORT LAGOS BENFICA	1993-06-24	Sen	1 5 4 4,36	682,0
7 <sup>o</sup>	127 Xavier Larraondo	Ass. Atl. Palamós - Espanha	ESP 1992-12-03	Sen	1 5 4 4,80	681,0
8 <sup>o</sup>	124 João Sustelo	MARATONA C P	1998-10-03	Jun	1 5 4 5,00	680,0
9 <sup>o</sup>	88 Luís Barbosa	C ORIENTAL PECHÃO	1983-04-17	Sen	1 5 5 3,44	657,0
10 <sup>o</sup>	128 Ruben Ribeiros	PADEL CLUBE VRSA	1990-05-28	Sen	1 5 5 4,75	654,0
11 <sup>o</sup>	65 Flávio Fernandes	C D AREIAS S. JOÃO	1979-06-25	V35	1 5 5 7,70	646,0
12 <sup>o</sup>	63 Paulo Soares	C D AREIAS S. JOÃO	1975-01-04	V40	1 6 1 0,07	613,0
13 <sup>o</sup>	87 Nuno Miguel Correia	C ORIENTAL PECHÃO	1975-09-13	V40	1 6 1 1,28	610,0
14 <sup>o</sup>	110 José Oliveira	INGLESES F C	1999-08-28	Jun	1 6 2 0,82	585,0
15 <sup>o</sup>	207 Leonardo Aniceto	S L BENFICA	1998-03-11	Jun	1 6 2 1,73	583,0
16 <sup>o</sup>	102 João Fernandes	G ATLETISMO FÁTIMA	1993-11-16	Sen	1 6 2 2,83	580,0
17 <sup>o</sup>	43 Celso Brito	A CULT SAMBRASENSE	1984-07-04	Sen	1 6 2 3,88	577,0
18 <sup>o</sup>	41 José Afonso	A CULT SAMBRASENSE	1973-12-07	V40	1 6 4 1,08	535,0
19 <sup>o</sup>	109 Nuno Alves	INGLESES F C	1975-05-24	V40	1 6 4 2,06	532,0
20 <sup>o</sup>	46 Paulo Benevente	ASS JORGE PINA	1979-11-03	V35	1 6 5 0,16	513,0
21 <sup>o</sup>	42 Carlos Antão	A CULT SAMBRASENSE	1982-11-22	Sen	1 7 1 8,17	448,0
22 <sup>o</sup>	30 Sérgio Lima	A ACAD BELA VISTA	1982-06-03	Sen	1 7 2 3,33	437,0
23 <sup>o</sup>	31 André Tomé	A ACAD BELA VISTA	1997-03-09	S23	1 7 4 1,56	397,0



**Salto em Comprimento**

**(Fem)**



13 de maio de 2017

**Comunicado de Resultados 1780059**



**Salto em Comprimento**

**(Fem)**

**Final 1**

1 <sup>a</sup>	167 Teresa Vaz Carvalho	S L BENFICA	1995-01-03	S23	5,98	983,0 + 0,6	
2 <sup>a</sup>	49 Sarah Abrams	Blackheat & Bromley H.A.C	GBR 1993-01-11	Sen	5,74	931,0 - 0,7	
3 <sup>a</sup>	142 Lucinda Gomes	SPORTING C P	1995-04-16	S23	5,57	895,0 - 0,6	
4 <sup>a</sup>	177 Valeriya Semenikhina	S L BENFICA	1999-05-19	Jun	5,43	865,0 - 1,7	
5 <sup>a</sup>	170 Tânia Carvalho	S L BENFICA	1997-10-18	S23	5,40	859,0 - 0,7	
6 <sup>a</sup>	174 Raquel Marques	S L BENFICA	1999-06-09	Jun	5,24	825,0 0,0	
7 <sup>a</sup>	139 Erica Gomes	SPORTING C P	1994-05-09	Sen	5,10	795,0 + 0,7	
8 <sup>a</sup>	5 Samaritana Cabral	CASA BENFICA FARO	1996-11-08	S23	4,79	730,0 - 1,0	
9 <sup>a</sup>	7 Patrícia Rama	CASA BENFICA FARO	1998-12-22	Jun	4,57	684,0 - 0,4	
10 <sup>a</sup>	2 Joana Melo	CASA BENFICA FARO	1993-03-27	Sen	4,42	653,0 - 2,4	
	9 Margarida Mascarenha	CASA BENFICA FARO	2000-01-07	Juv		0,0	DST
	129 Beatriz Ferreira	S CLUBE DE BRAGA	1996-11-29	S23		0,0	SM

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 167 Teresa Vaz Carvalho		X	5,98	5,82	5,64	5,72	-
			+0,6	-1,1	-0,6	-1,1	
2 49 Sarah Abrams		X	X	5,58	5,74	5,42	5,51
				-0,1	-0,7	-0,5	-0,8
3 142 Lucinda Gomes		X	X	5,57	X	X	5,40
				-0,6			-0,9
4 177 Valeriya Semenikhina		X	X	5,43	5,03	5,34	5,02
				-1,7	-1,3	+0,2	-1,3
5 170 Tânia Carvalho		5,16	5,40	5,38	X	0,00	0,00
		-2,0	-0,7	+0,4		0,0	0,0
6 174 Raquel Marques		5,08	5,24	5,20	5,15	0,00	0,00
		+0,3	0,0	-1,3	-0,9	0,0	0,0
7 139 Erica Gomes		5,10	X	4,90	4,74	-	-
		+0,7		-1,0	-1,3		
8 5 Samaritana Cabral		4,51	4,74	4,67	4,79	0,00	0,00
		-1,7	-1,1	-1,2	-1,0	0,0	0,0
9 7 Patrícia Rama		4,57	4,20	4,30	-	0,00	0,00
		-0,4	-0,6	-2,0		0,0	0,0
10 2 Joana Melo		4,08	4,03	4,42	3,87	0,00	0,00
		-0,6	-1,2	-2,4	+1,0	0,0	0,0
129 Beatriz Ferreira		X	X	X	X	0,00	0,00
						0,0	0,0



13 de maio de 2017

**Comunicado de Resultados 1780059**

Clube Participantes	Participações			Nr.Atletas		
	F	M	T	F	M	T
<b><u>Espanha</u></b>						
<b><u>SPAIN</u></b>						
<b><u>Federações Regionais de Outros Países</u></b>				Popular		
PALAMOS Ass. Atl. Palamós - Espanha		1	1		1	1
<b><u>GREAT BRITAIN &amp; N.I.</u></b>						
<b><u>Federações Regionais de Outros Países</u></b>				Federado		
BBHAC Blackheat & Bromley H.A.C	1	1	2	1	1	2
HHH Herne Hill Harriers		1	1		1	1
<b><u>PORTUGAL</u></b>						
<b><u>ASSOCIACAO ATLETISMO LISBOA</u></b>				Federado		
AJPINA ASS JORGE PINA		1	1		1	1
IFC INGLESES F C		2	2		2	2
MCP MARATONA C P		1	1		1	1
SCP SPORTING C P	16	21	37	12	16	28
SLB S L BENFICA	15	29	44	12	26	38
URCA UNIÃO R C ABRUNHEIRA		1	1		1	1
<b><u>ASSOCIACAO ATLETISMO SANTAREM</u></b>				Federado		
GAF G ATLETISMO FÁTIMA		2	2		2	2
<b><u>ASSOCIACAO ATLETISMO LEIRIA</u></b>				Federado		
JV JUV VIDIGALENSE	4	9	13	3	5	8
<b><u>ASSOCIACAO ATLETISMO SETUBAL</u></b>				Federado		
AACC A A CHARN CAPARICA		1	1		1	1
AAPL A ACAD PINHALNOVENSE		4	4		3	3
CDRR C D R RIBEIRINHO		1	1		1	1
<b><u>ASSOCIACAO ATLETISMO COIMBRA</u></b>				Federado		
GS GIRA SOL		1	1		1	1
UCE UNIÃO CLUBE EIRENSE	1		1	1		1
<b><u>ASSOCIACAO ATLETISMO AVEIRO</u></b>				Federado		
ADREP A D R E PALHAÇA		1	1		1	1
CCSJM C S S JOÃO MADEIRA		4	4		3	3
<b><u>ASSOCIACAO ATLETISMO PORTO</u></b>				Federado		
ESCMOV ESCOLA DO MOVIMENTO		2	2		2	2
<b><u>ASSOCIACAO ATLETISMO BRAGA</u></b>				Federado		
SCB S CLUBE DE BRAGA	1	3	4	1	2	3
<b><u>ASSOCIACAO ATLETISMO V.CASTELO</u></b>				Federado		
CAM-VC C A MAZAREFES	2	4	6	1	3	4
<b><u>ASSOCIACAO ATLETISMO GUARDA</u></b>				Federado		
ACRS D A C R SRA DESTERRO		1	1		1	1
CAS C ATLETISMO DE SEIA		2	2		2	2
<b><u>ASSOCIACAO ATLETISMO EVORA</u></b>				Federado		
GDD GRUPO DESP DIANA	1		1	1		1
<b><u>ASSOCIACAO ATLETISMO ALGARVE</u></b>				Federado		
AABV A ACAD BELA VISTA	10	7	17	9	7	16
ACSAMB A CULT SAMBRASENSE		3	3		3	3
ADRAL ROYAL AXN LAGOS	1	2	3	1	2	3
CASJ C D AREIAS S. JOÃO	3	5	8	3	5	8
CATUNESC ATLETISMO TUNES	11	25	36	11	25	36
CBF CASA BENFICA FARO	16	15	31	13	12	25
CDQ C DESP QUARTEIRA	10	6	16	10	5	15
COP C ORIENTAL PECHÃO	14	16	30	13	15	28
CRAL C REC ALTURENSE	6	1	7	6	1	7
CVT CLUBE VELA TAVIRA		1	1		1	1
NSF N SPORTINGUISTA FARO	13	12	25	13	12	25
OCL OLÍMPICO C LAGOS	2	2	4	1	1	2



IX Meeting Vitor Tavares  
Absoluto Masc

13 de maio de 2017

**Comunicado de Resultados 1780059**

PCVRS	PADEL CLUBE VRSA		1	1		1	1
SFAD	SÃO FRANCISCO A D	3	4	7	3	4	7
SLB-F	SPORT LAGOS BENFICA		3	3		2	2
<u>ASSOCIACAO ATLETISMO ALGARVE</u>						Popular	
IND-AL	Individual - Algarve	1		1	1		1
<u>ASSOCIACAO DESPORTOS MADEIRA</u>						Federado	
AJS	A C D JARDIM SERRA		2	2		2	2

<b>Totais de participações individuais + estafetas</b>	<b>131</b>		<b>116</b>				
		<b>198</b>			<b>175</b>		
			<b>329</b>				
						<b>291</b>	

Participação por Escalão	Participações			Nr.Atletas		
	F	M	T	F	M	T
Benjamins - A	17	8	25	17	8	25
Benjamins - B	11	14	25	11	14	25
Infantis	15	18	33	15	18	33
Iniciados	16	18	34	16	18	34
Juvenis	13	9	22	11	9	20
Juniores	25	31	56	19	28	47
Sub23	16	23	39	12	19	31
Seniores	14	62	76	12	49	61
Veteranos M35	1	7	8	1	5	6
Veteranos M40	1	7	8	1	6	7
Veteranos M45		1	1		1	1
Veteranos M50	2		2	1		1

<b>Totais de participações individuais + estafetas</b>	<b>131</b>		<b>116</b>				
		<b>198</b>			<b>175</b>		
			<b>329</b>				
						<b>291</b>	

**Recordes batidos na competição**

**Regional AALG**

400 Metros Planos

Fem

Juv Fatoumata Diallo 2000 Juv 5 6,68

**Legendagem de Observações Codificadas**

DSQ	Desqualificado
DST	Desistiu
FLT	Faltou
Q	Qualificação por Marca
RR	Recorde Regional
SM	Sem Marca
TM	Tempo em milésimos